# Monthly Bulletin March 2022





# This bulletin entails RICPHI's activities/tasks' status for March 2022.

## **Trainings**

Training of Health Resource Officers (HROs): The ACE-ME project is a part of Ramaiah's Community Outreach Program which essentially is an innovative effort to empower, educate, and motivate patients, their caregivers and health workers in the community using available resources. This forms the basis of Peer Wellness Groups or Swasthya Samithis for respective communities chosen under the ACE-ME geography. As part of the support system to the ACE-ME project, RICPHI has hired trained social workers also known as Health Resource Officers (HROs) who have been entrusted with the task of addressing patient issues in the communities via educational and entertaining events, supporting patients with procuring medication, monitoring patients for blood sugar and blood pressure in the SS meetings, assist primary health centres for follow up of patients, aid tele-consultation with Ramaiah Medical College experts, and upload and maintain accurate data in the RICPHI MIS for real time decision making. In March 2022, All the Health Resource Officers (HROs) at RICPHI began intensive training for different modules under the Community Outreach Program. Multiple sessions on understanding the baseline tool, entering data in the MIS and one session on leadership and communication was conducted by the RICPHI team. These training sessions will aid the HROs to better conduct Swasthya Samithi meetings in the field and document the process well. More such training sessions have been lined up for the subsequent month too.

AHANI School Health pilot program: As part of Adolescent Health and Nutrition Initiative program, RICPHI supported EcDEESHA Foundation to conduct a pilot program in V.C. Patel School, Anand, Gujarat where students of Std IX participated in a series of online and offline activities aimed at improving awareness around sustainable development goals (SDGs), especially for health, nutrition, and environment. Dr. Sulabha Natraj, Former Professor and Principal, Waymade College of Education, Anand chaired the valedictory session held on 25<sup>th</sup> March and felicitated the students who



actively took part in the program. Several local news channels covered the event. Check out excerpts from news bytes here.

**Workshop on Basic Research Methodology:** RICPHI constantly strives to provide professional training to budding academicians and researchers via workshops/webinars and various training sessions. Recently, Dr. Pallavi Gupta and Dr Santosh Kaza led the interactive session at the tenth workshop on basic research methodology organized by the Ramaiah Institute of Nursing Education and Research. The goal of the workshop was to equip research scholars with a range of expertise and potential to perform research in the health sciences disciplines and to turn completed research into high-quality publishable content in the form of research papers. This workshop provided practical guidelines to the participants ranging from the discovery of a research problem to the submission of a dissertation.

#### **Services**

Ramaiah Community Outreach Program: The Ramaiah Community Outreach Program is aimed at evolving a continuum of care model for chronic disease management in rural and peri-urban areas in 6 districts around Bangalore. Field workers called Health Resource Officers (HROs) who facilitate establishment of peer wellness groups in the communities they serve have been stationed in these districts. In Tiptur Taluka and its adjoining areas, RICPHI is engaged in improving referral linkages between local physicians and the two Ramaiah hospitals.

In March 2022, the ACE-ME team began the baseline assessment as part of the project in Balevaneralu village in Kendenahalli. The Outreach Program was also formally recognized and approved by the Ethics Committee at Ramaiah Medical College.

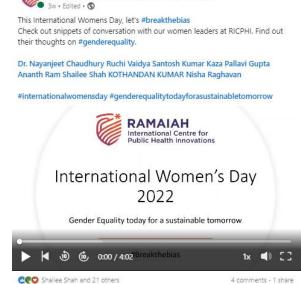
#### **Additional Activities**

#### **RICPHI and MSRIT**

Internal liaison and collaboration among Ramaiah institutions is a legacy that RICPHI aims to pursue. In this regard, Dr. Nayanjeet Chaudhury, Director, RICPHI was part of brain storming session for establishment of the Centre of Biomedical Research and Clinical Design Studio in the M.S. Ramaiah Institute of Technology. This discussion paved way for more joint avenues that can be explored for a collaboration between MSRIT and RICPHI.

# **International Women's Day celebration**

To commemorate International Women's Day, women employees at RICPHI, which consist of over 50% of the workforce, compiled a video documenting their professional experiences and issues surrounding female employees. Numerous issues including pay disparity, managerial capabilities etc. were discussed in this video compilation. The video was widely shared on RICPHI's social media garnering numerous views, likes and shares.





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